

Child Sessions

WHAT'S INCLUDED



01 **Free Parent Consultation**
Quality time to discuss your concerns and hopes, and decide if we're the right fit. Security protected Zoom link

02 **Child Session 1 - Start With The Heart**
Building relationship and putting your child at ease with some fun, child-centred choices (Zoom screens, puppets, filters, etc). Knowledge/skills assessment if required. Activities. Next steps made clear for child.

03 **Child Session 1 - Parent Feedback**
Feedback to parent on initial observations, short term plan, and next steps. 6 week blocks are usually recommended to enable progress

04 **Further Child Sessions - Growth**
Sessions are planned in advance and use national curriculum benchmarks where possible/required.

- Academic sessions blend curricular rigour with fun, encouragement, and feedback. Activities can be based on child's schoolwork, Twinkl, Scholastic, or bespoke resources.
- Emotions and Behaviour sessions may engage a wide range of strategies and media, such as puppets, video, role play, song, dance, art, journalling, and meditation.

Brief parent feedback is given within 24 hours each session

05 **6 Week Block - Progress Reports**
Fuller feedback is given to parents and child at the end of each 6 week block, with recommended next steps

